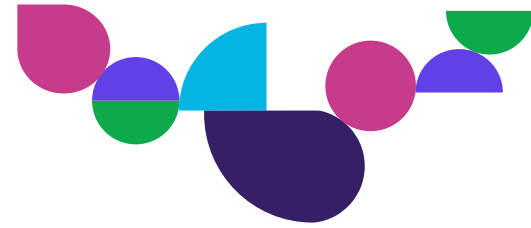


TELADOC HEALTH



Frequently asked questions

You can bypass the credit card information screen as this benefit is at no cost to employees and their dependents enrolled in our health plan!

What is Teladoc Health?

Teladoc Health is a virtual healthcare service that offers convenient, confidential access to quality clinicians 24/7, anytime, anywhere.

By scheduling a visit with one of our U.S. board-certified and licensed clinicians, you can be diagnosed, treated and prescribed medication if necessary.

What can I use Teladoc Health for?

Teladoc Health can help you with everyday, non-emergency healthcare issues, including sinus problems, allergies, flu symptoms and much more. Skip the waiting room and the trip to the ER. We're here to help you feel better, faster, and get you back to living your life.

Does Teladoc Health replace my doctor?

No. Teladoc Health doesn't replace your primary care doctor. Teladoc Health should be used for non-emergency illnesses when it is not convenient to get to the doctor, or it is outside of regular office hours.

How do I register?

Download the Teladoc Health app, visit the website or call 1-800-TELADOC (800-835-2362) to register.

Do I need to have my insurance information available?

As you register, you may need information on your health insurance card. If requested, having this information will help make the registration process easier.

How much does it cost?

The cost of a Teladoc Health visit varies depending on the type of visit you are requesting and your plan design. Please refer to your welcome letter, visit the app under Account > Billing & Insurance > Cost overview, or call us at 1-800-TELADOC (800-835-2362) if you wish to confirm pricing prior to requesting a visit. You will also see the visit fee during the visit request process.

How do I pay for the visit?

If there is a fee, you can pay with your HSA (health savings account) card, credit card, prepaid debit card or by PayPal.

Is there a time limit when talking to the clinician? And am I charged more for taking longer?

There is no time limit for visits, and there is no extra charge for longer clinician visits.

How do I access Teladoc Health?

The service can be accessed by app, web or phone, and visits are available by phone or video.

If the Teladoc Health clinician recommends that I see my primary care doctor or a specialist, do I still have to pay the Teladoc Health visit fee?

Yes, just like any medical appointment, there is a fee for the consulting clinician's time. The portion of the fee that you will pay varies based on your benefits plan structure.

Can my family use Teladoc Health?

This depends on your specific Teladoc Health plan. Most plan designs allow you to use the Teladoc Health service for you, your spouse and covered dependents. Dependents over 18 years old must call our service center to request a visit. For dependents under 18 years old, the primary account holder must request a visit on their behalf through the app, website or by phone.

Who are the Teladoc Health clinicians?

Teladoc Health providers are U.S. board-certified clinicians. They average 15 years of experience and are licensed to practice in your state.

Can Teladoc Health clinicians prescribe medications?

Yes, when medically appropriate, clinicians can prescribe medications. If a prescription is not required, the clinician may provide the member with instructions for managing symptoms or following up with their primary care doctor.

Can my primary care doctor get a record of my Teladoc Health visit?

With your consent, we'll send an electronic copy of your Teladoc Health visit to your primary care doctor.

Can I use Teladoc Health while traveling?

Teladoc Health is available in all 50 states, so you can use the service while traveling within the United States. Some restrictions may apply.*

Who should I contact if I have questions or encounter an issue?



We aim to make your experience with us as seamless as possible. If you have any further questions or encounter an issue, please visit our website at [Teladoc.com](https://www.teladoc.com) or call our Member Support team at 1-800-TELADOC (800-835-2362).

Does Teladoc Health offer any other services?

Please log in to your account to see any additional services that may be available to you.

Download the app to talk to a clinician.

Visit [Teladoc.com](https://www.teladoc.com)

Call 1-800-TELADOC (800-835-2362) | Download the app  | 

Refer to your employee booklet at [umar.com](https://www.umar.com) for Teladoc benefits

*Teladoc Health is not available internationally.

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